

THE MENOPAUSE AT WORK

Introducing Good Practice



We have 8 new Supporters!



borough care



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GREATER MANCHESTER GOOD EMPLOYMENT CHARTER

SPEAKERS



- **Ian MacArthur**, Director of the Charter Implementation Unit
- **Dawn Coker**, Chief Executive Officer at Access 2 Funding
- **Maria Mander**, Health & Wellbeing Advisor at The Growth Company
- **Vivienne Renshaw**, People and Culture Manager at Rochdale Boroughwide Housing

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THE GOOD EMPLOYMENT CHATTER PODCAST

Our podcast discovers important insights into Good Employment. Guests include:

- Andy Burnham
- Professor Kate Pickett
- Sacha Lord
- Professor Sir Cary Cooper CBE
- Diane Modahl
- Sam Booth
- Clive Memmott
- John-Quinton Barber



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gmgoodemploymentcharter.co.uk/podcast/



GMCA GREATER
MANCHESTER
COMBINED
AUTHORITY

ANDY BURNHAM
MAYOR OF
GREATER
MANCHESTER

GREATER MANCHESTER
GOOD
EMPLOYMENT
CHARTER



GREATER MANCHESTER
GOOD EMPLOYMENT
CHATTER

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RESOURCES

- **NHS guidance on menopause** – www.nhs.uk/conditions/menopause/ Women's Health
- **British Menopause Society** – www.thebms.org.uk
- **Support for premature menopause** – www.daisynetwork.org.uk
- **Menopause Café** – www.menopausecafe.net
- **Talking Menopause** – www.talkingmenopause.co.uk
- **The Menopause Exchange** – www.menopause-exchange.co.uk
- **Menopause Matters** – www.menopausematters.co.uk
- **Menopause Support** – www.menopausesupport.co.uk
- **CIPD guidance for Managers** - www.cipd.co.uk/Images/line-manager-guide-to-menopause_tcm18-95174.pdf
- **My Menopause Doctor (Dr Louise Newton)**– <https://www.menopausedoctor.co.uk/about#>
- **My Menopause Doctor Podcast** - <https://newsonhealth.podbean.com/>

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