

The Growth Company: Organisational Improvement

www.leading-well.uk



Who we are

- Social enterprise business passionate about enabling growth and prosperity for individuals and businesses
- Proud to be the official delivery partner for Investors in People in the North of England
- We support organisations to create happy, healthy and high performing cultures through great leadership, effective people management systems and High-Performance Work-Cultures
- Helping organisations to improve for over 20 years

What we do

- **Leadership:** We offer support organisations to bespoke individual, team and whole organisation leadership development orientated to the needs of the service and the people it serves including:
 - **Strategic leadership:** helping senior teams revisit their vision and strategic goals
 - **Creating a Common Language:** through helping the organisation form company values which stimulate clarity, understanding and a collective performance
 - **The Emotionally Intelligent Leader:** our programme of support providing an increased self-awareness and practical development points to assess and improve communication at home and work. A real asset for an organisation looking to improve and strengthen working relationships.
 - **The Coach:** equipping leaders and managers with essential people management techniques to aid ownership, empowerment and motivation.
 - **Developing future leaders:** developing employees with the skills, knowledge and behaviours required for their next career step.

What we do

- **Workplace Wellbeing:** We help organisations put wellbeing at the heart of their business by providing wellbeing and resilience programmes to create healthy, high-performance cultures:
 - **Leading Well:** developing the confidence and capability of leaders and managers to support employee wellbeing;
 - **Certified 2-day Adult Mental Health First Aider:** developing skills and knowledge to support colleagues in situations of distress and crisis;
 - **Wellbeing Awareness:** developing everyone's understanding of wellbeing issues in order to better look after ourselves and others.
 - **Tackling Stress and Building Personal Resilience:** providing practical strategies, techniques and tools to bolster mental, emotional and physical resilience;
 - **Healthy Nutrition and Sleep for an Effective Body and Mind:** providing practical advice to enable delegates to make realistic and healthy changes to their working lives; resulting in improved energy, mood and stamina.

How we do it

- **Consultancy support:** enabling organisations to learn and grow through tailored advice, support and guidance.
- **Staff satisfaction and wellbeing surveys:** to measure current levels and provide analysis to shape strategies and plans
- **One-to-one mentoring and coaching:** supporting senior leaders and managers through times of change and development.
- **Tailored and open workshops:** facilitating development through interactive and engaging events.
- **Staff conferences:** enabling colleagues to develop individual and team strengths as a collective.

Get in touch

- **Website:** www.leading-well.uk
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